



### 11.13 ORTHOPEDIC REFERRAL GUIDELINES

#### Contracted Group: Nevada Orthopedic and Spine Center

Appointments: (702) 258-3773

All Other Inquiries: (702) 878-0393

Fax: (702) 258-3777

NORTHWEST LOCATION:

7455 W Washington Ave Ste 160  
Las Vegas, NV 89128

SOUTHEAST LOCATION:

1505 Wigwam Pkwy Ste 330  
Henderson, NV 89074

FAST TRACK CLINIC LOCATIONS:

7455 W Washington Ave Ste 150  
Las Vegas, NV 89128

1505 Wigwam Pkwy Ste 330  
Henderson, NV 89074

**All referrals and patient medical records (pertaining to the specified condition) are to be faxed or attached to online referral.**

The patient's telephone number must be on the referral.

**If the patient has a fracture**, call Nevada Orthopedic & Spine Center while the patient is still in the office to schedule an appointment.

Patients are required to **bring appropriate x-rays and other diagnostic test** reporting (if applicable) to their appointments.

Patients experiencing **numbness and tingling** in the upper extremities or possible diagnosis of carpal tunnel syndrome must have EMG testing before seeing an orthopedic surgeon.

#### **ACUTE INJURIES - IMMEDIATE (AT RISK OR EXPEDITED) REFERRAL**

*\*\*\*Can be treated at Fast Track (walk-in clinic) no referral required*

- Fractures
- Sprains
- Cauda equina (loss of bowel & bladder) symptoms
- Acute neurological deficits
- Acute sudden onset of pain

#### **NON-ACUTE PAIN AND CHRONIC CONDITIONS –ROUTINE REFERRAL**

Patient must be experiencing pain in excess of six weeks

#### **Referrals require documented conservative treatment:**

NSAID's (non-steroid anti-inflammatory drugs)

Physical Therapy applies to:

\*Knee pain up to age 57 will need Physical Therapy before orthopedic referral

\*Shoulder pain for all ages will need Physical Therapy before orthopedic referral

\*Elbow pain age 18-60 will need Physical Therapy before orthopedic referral

\*Spine/Back pain for all ages will need Physical Therapy before orthopedic referral

**NON-ORTHOPEDIC BODY PARTS: (Should not be referred to Orthopedics)**

Head, Facial Bones, Ribs

Podiatry issues such as bunions, hammertoes, metatarsal fractures, bone spurs, etc. Please refer these issues to SMA Podiatry.

**X-RAYS NEEDED FOR CONSULTATIONS**

**SPINE**

- Cervical: Standing A/P, Lateral, Odontoid
- Thoracic: Standing A/P, Lateral, Swimmer's view
- Lumbar: Standing A/P, Lateral, spot lateral

**SHOULDER**

- A/P, Internal & External
- Y view
- Axillary view

**ELBOW**

- A/P, Lateral
- External oblique
- For masses, consider MRI

**HIP**

- A/P, Lateral to include proximal ½ femur
- A/P, Pelvis

**KNEE**

- Standing A/P views bilateral
- Lateral skyline or sunrise view of affected side

**FOOT**

- A/P, Lateral and Oblique

**WRIST**

- PA, Lateral, Oblique, Scaphoid

**HAND**

- PA, Fan Lateral and Oblique

**FINGER**

- PA, Lateral and Oblique